

SUNDAY ENVELOPES & DONATIONS ~ 15th August - €4,118
 PARISH EXPENDITURE ~ €7,079.39
 DONATIONS ~ 1 x €200, 1 x €100 and 2 x €50
 Thank you for your gift to God and His Church
 We deeply appreciate your continued Spiritual and Financial support.

Parish Office Hours: Monday to Friday (9.30 am - 4.30 pm)
Phone: 074 - 9121021

Parish Email: office@steunanscathedral.ie

Website: www.steunanscathedral.ie  St. Eunan's Cathedral
 Live **Web Streaming** from the Cathedral ~ churchservices.tv/letterkenny

MEDJUGORJE PILGRIMAGE ~ The Donegal North East Group will leave on the **29th September 2021** from Letterkenny - a limited number of seats are available. **Flight: Knock to Mostar.** Other dates also available. For bookings and enquiries, please phone Michael on 087-2922499.

The Organisers of the recent **Donegal Pro-Life Church Gate Collection**, would like to **THANK** everyone who donated to their collection. Amount donated at the Cathedral: €1,084.39 and at the Church of the Irish Martyrs: €459.41. A sincere word of thanks to all Collectors.

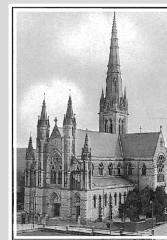
GROWTH IN PRAYER AND REFLECTIVE LIVING: Ignatian Spirituality; commencing Monday 20th September, hosted by Drumalis via Zoom. Applications are now being accepted for this one-year programme for those who want a closer relationship with God. Living out faith isn't easy against the backdrop of our fast-paced, noisy and instantaneous culture. This course will give you the tools and space to become attuned to God's voice in the midst of the clamour. The course will take place fortnightly, (21 Monday evening sessions) from 7 pm – 9:30 pm via Zoom. For further information, phone: 048-28276455/28272196 during office hours (Mon-Fri, 9 am – 5 pm) or email maura@drumalis.co.uk Details are also available on the Drumalis website - <http://www.drumalis.co.uk>

We have uploaded a number of videos under 'Featured Videos' on our website, for Parents, in Preparation for their child's Baptism.

Below 'Live Broadcast' on the Cathedral Website you have the following:

PLAYER	SCHEDULES	RECORDINGS	FEATURED VIDEOS
Church	Mobile		

**ST. VINCENT DE PAUL
 LETTERKENNY
 9129503/9122366**



ST. EUNAN'S CATHEDRAL LETTERKENNY NEWSLETTER

Sunday 22nd August 2021

Twenty-First Sunday in Ordinary Time

THE MASS – CHRIST'S PRAYER AND OURS

The Mass is above all the prayer of Christ – the acceptable sacrifice that takes our sins away. But it is also our prayer, the prayer of each one present at the Mass.

A matter of great sadness is when one attends Mass un-prayerfully. It is true; a great many things can impinge on the state of our souls as we come to Mass. There is the danger of routine, and the danger of being forgetful of the mystery at which we assist. Many other mundane things can impinge on us: worries, pressures, busy-ness, and stress. There can be other distractions too that are within the soul: anger, trauma, sadness, and so on. We might be along with someone who does not really want to be there; parents can be distracted by children. How do we find a space of quiet around and within ourselves to pray?

There is no perfect solution; even a monk in his monastery can find himself distracted by so many elements of noise – physical, emotional and spiritual! It is the noise of life that comes to encounter the silence and mystery of God. In some way, we must try to find a space of quiet around us, and to do that we must create it within us. We must strive for quietness and prayerfulness so that we can encounter the mystery more fruitfully.

One part of this endeavour is the will: on a basic level we must decide that, beyond the act of faith itself, that this encounter with God in the Mass is of great importance, and that it calls on me to decide to want to be present – spiritually and emotionally as well as physically. It calls on me to consciously place before Him all the noise that is around and within me, to ask for the gift of prayer, and the peace of the Spirit. This initial moment of the Mass – perhaps before we even leave the house – creates a buffer between the noise without and within and makes space for the Holy Spirit to speak within us, and to carry the prayer that rests in the heart to the heart of the Father - the prayer that only the Spirit knows how to make in purity and love.

It is this prayer that joins our hearts to the conversation of the heart of Jesus with the Father.

PRAYER TO ST. MONICA

St. Monica, I need your prayers. You know exactly how I'm feeling because you once felt it yourself. I'm hurting, hopeless, and in despair. I desperately want my child to return to Christ and his Church but I can't do it alone. I need God's help. Please join me in begging the Lord's powerful grace to flow into my child's life. Ask the Lord Jesus to soften her heart, prepare a path for her conversation, and activate the Holy Spirit in her life. Through Jesus Christ. Amen.

Please note the following guidelines for attending Mass under current Covid-19 restrictions:

- You may come each weekend to your allocated Mass.
 - It is not necessary to have a seat allocated for weekday Mass.
 - Please leave **10 am Mass** to the elderly and those with underlying conditions.
 - Please leave **Friday Evening Masses/Month's Mind Masses/First Anniversary Masses** to the families of the deceased.
 - Please follow this simple principle when taking a seat: **TWO PEOPLE PER PEW, OR ONE HOUSEHOLD.**
 - Please **observe the two metre rule** when entering the Cathedral, going for Holy Communion or exiting the Cathedral, and at all times both inside and in the grounds of the Cathedral.
 - Please wear a mask in the Cathedral unless a medical condition prevents you from doing so. This is for your own protection and out of consideration for those in the Cathedral with you.
 - Please **do not attend the Cathedral** if you have a cough, sneezing or any signs of Covid-19.
 - **Please sanitise your hands upon entrance and exit.**
 - Please **do not** congregate at the doors or in the Cathedral grounds.
 - It is **not possible to allow general access** to the Sacristy for the time being. Please arrange Masses through the Parish Office, and arrange to meet with a Priest at the Parochial House
1. **FUNERALS** will take place from Monday - Saturday at 11 am.
 2. There will be **NO Sunday Funerals** at the Cathedral for the time being.
 3. The congregation should not exceed 50 mourners (**close family and close friends**). Social distancing must be adhered to for entry, exit and seating.
 4. All present should wear masks if at all possible.
 5. At the graveside, it remains important to maintain the two metre rule.
- ♦ **BAPTISMS** are being celebrated separately for each child: Saturday and Sunday: 2.30 pm and 4 pm. (Times may vary according to our schedule).
 - ♦ Presently, Parents, child (children) and two Godparents permitted.
 - ♦ Public health guidance requires that there be no unnecessary movement in public settings. Therefore, it will not be possible to have group photography or movement beyond the baptistery. One person should be asked to photograph the ceremony; these can be shared with others present.

Sunday 22nd August

Masses: 8 am, 9.30 am, 11 am, 12.30 pm and 6 pm

Monday 23rd August ~ St. Rose of Lima & St. Eugene

8 am Mass ~ Sadie McKeever RIP
10 am Mass ~ P.J. Sweeney RIP (Month's Mind Mass)

Tuesday 24th August ~ St. Bartholomew, Apostle

8 am Mass ~ Priest's Intention
10 am Mass ~ Pat Tobin RIP

Wednesday 25th August - St. Louis of France

8 am Mass ~
10 am Mass ~ Sean Ginty RIP (First Anniversary)

Thursday 26th August

8 am Mass ~ Sue McCormack RIP
10 am Mass ~ Anton and Margaret Browne RIP

Friday 27th August ~ St. Monica

8 am Mass ~ John and Elizabeth Bond RIP
10 am Mass ~ Brendan Fanneran RIP
7 pm Mass ~ Kathleen McCauley (First Anniversary), Kathleen O'Donnell (First Anniversary), Cassie Crossan, Peggy Crossan, James Crossan, Ellen McBride, Bried McGettigan, Margaret Coyle, Barney Coyle and Columba Coyle RIP

Saturday 28th August ~ St. Augustine

10 am Mass ~ Cathal James RIP (Month's Mind Mass)
6 pm ~ Vigil Mass 7.30 pm ~ Vigil Mass

Sunday 28th August

Masses: 8 am, 9.30 am, 11 am, 12.30 pm and 6 pm

DIVINE MERCY CENTRE ~ Sisters of Merciful Jesus
Phone: 074-9169934 Email: dmcletterkenny@gmail.com

Donegal ETB Further Education and Training (FET) Service, are currently recruiting for a wide variety of courses due to commence this autumn! Courses include: Building Technology • Business Admin • Computer Skills • Communication Systems Installation • Digital Sales & Marketing • Early Childhood Care & Education • ECDL/ICDL etc. Plus: 3 NEW Traineeship's: Donegal Weaving; Communication Systems Installation and Network Planner. Please see the noticeboard for a full list of courses. Please phone: 9120500 or email coursesdonegal@donegaletb.ie