

DIVINE MERCY CENTRE UPCOMING RETREATS

19th October: One day Retreat focused on the Rosary (10 am – 4 pm). A mixed form of retreat, combining talks, moments of silence, adoration and individual prayer with workshops and other group activities. **25th – 28th October:** Lectio Divina with the Divine Mercy Image (Beginning at 7 pm on 25th and concluding at 2 pm on the 28th). A silent form of Retreat with the Scripture. Lectio Divina consists of five main parts: reading, meditating, praying, contemplating and sharing the word of God. During the day participants are given introductions to each period of prayer.

Please phone: 9169934 or email: dvmletterkenny@gmail.com for bookings etc.

The **ROSARY FOR FAITH AND LIFE** will take place **today, Sunday 13th October** at 2.30 pm at the **Picnic Area, Big Isle view, Manorcunningham**. We are joining with countries all around the world to pray for a return to the Faith and for the protection of the unborn. Everyone is very welcome to come along and join in prayer.

EXODUS 90 is a revolutionary new program designed especially for men - to help them live a more fulfilled and peaceful life, become a better man, and free themselves from bad habits and attachments. This year alone over 13,000 men have taken up the challenge; 40 of those were from throughout Donegal. If you would like to learn more and you are a man over the age of 18, then you are invited to a special talk by Nathaniel Binversie, Director of Mission at Exodus90.com on **Tuesday 15th October** at 7.30 pm in the **Brunswick Room, Arena 7, Letterkenny**.

The next **ALZHEIMER CAFÉ** will take place in the Villa Rose Hotel, Ballybofey on **Wednesday 16th October** from 11 am to 1 pm. Please phone Patricia: 087-9271734.

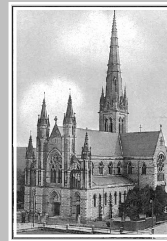
The **LEGION OF MARY Annual RETREAT** is taking place in Ards Friary on **Sunday 20th October** at 10 am. A bus will leave the Cathedral Car Park at 9 am. To book a place, contact Una on 086-0643630 or Kay on 085-1679214. All are welcome.

The **Alzheimer's Society (Donegal Branch) annual fundraising DANCE** will take place in the Clanree Hotel on **Friday 25th October** with dancing from 10 pm until late. (Spot prizes on the night). Music by Larry & Co. and admission is €5.

CARA HOUSE will host the following **FREE TALKS**. **Tuesday 15th October:** Community Guards - 'How to stay and safe and warm over the winter' and on **Tuesday 5th November:** RSA - 'Tips on safety over the winter'. All are welcome.

RSE (Relationship and Sexuality Education) Curriculum Concerns? The National Council for Curriculum and Assessment is currently conducting a consultation concerning RSE. To participate logon to: www.ncca.ie and complete your submission before **25th October deadline**. Please send written objections/submissions to: NCCA (National Council for Curriculum and Assessment), 35 Fitzwilliam Square, Dublin 2 DO2 KH36. We suggest registered post.

SOLUTION FOCUSED BRIEF THERAPY TRAINING will take place in the Pastoral Centre on the **2nd/3rd November** and **30th November/1st December** from 9.30 am to 4 pm. Please phone: 9121853 for further information. The course is suitable for: Counsellors, Psychotherapists, Social Workers, Youth Workers, etc.



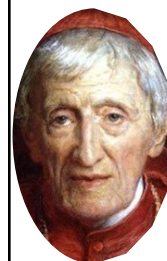
ST. EUNAN'S CATHEDRAL LETTERKENNY NEWSLETTER

Sunday 13th October 2019

Twenty-Eight Sunday of Ordinary Time

The annual **DONEGAL HOSPICE REMEMBRANCE SERVICE** will take place today, **Sunday 13th October** at 4 pm in the Church of the Irish Martyrs. A warm welcome is extended to everyone.

CANONISATION OF BLESSED JOHN HENRY NEWMAN



Today, Sunday 13th October in Rome, Blessed John Henry Newman will be declared a Saint by Pope Francis.

In his 1993 Encyclical Letter, *Veritatis Splendor* (The Splendour of Truth), Pope Saint John Paul II, described Newman as 'an outstanding defender of the rights of conscience'.

Pope Emeritus Benedict XVI beatified Cardinal Newman in 2010, saying during the Mass of Beatification that he was 'a man of gentle scholarship, deep wisdom and profound love for the Lord.'

Cardinal Newman's prayer 'Radiating Christ', became a favourite prayer of Saint Mother Teresa of Calcutta and every day, her Missionaries of Charity Sisters pray this following prayer:

Dear Jesus, help us to spread Your fragrance everywhere we go. Flood our souls with Your Spirit and Life. Penetrate and possess our whole being so utterly that our lives may only be a radiance of Yours. Shine through us and be so in us that every soul we come in contact with may feel Your presence in our souls. Let them look up, and see no longer us, but only Jesus! Stay with us and then we shall begin to shine as You shine, so to shine as to be a light to others. The light, O Jesus, will be all from You; none of it will be ours. It will be You, shining on others through us. Let us thus praise You in the way You love best, by shining on those around us. Let us preach You without preaching, not by words but by example, by the catching force, the sympathetic influence of what we do, the evident fullness of the love our hearts bear for You. Amen.

Priest on Duty: Fr. Kevin Gillespie

Sunday 13th October

Masses: 8 am, 10 am, 12 noon and 6.30 pm
Baptisms ~ 1.30 pm
Pro-Life Rosary ~ After the 6.30 pm Mass
October Devotions in the Cathedral ~ 7.30 pm
Cathedral Junior Youth Prayer Group in the Conference Room - 7.30 pm
AA Meeting in the Pastoral Centre - 11 am and 8.30 pm

Monday 14th October ~ St. Callistus I

8 am Mass ~
10 am Mass ~ Bridie Creevey (**First Anniversary**) and Tessie Gallagher RIP
7.30 pm Mass ~ John and Rose McGarrigle RIP
8 pm ~ Confessions
St Pius X Adoration Chapel is open
Grow Mental Health Meetings in the Pastoral Centre - 7.30 pm
AA Meeting in the Pastoral Centre - 8.30 pm

Tuesday 15th October ~ St. Teresa of Avila

8 am Mass ~ Special Intention
10 am Mass ~ ®
7.30 pm Mass ~
St. Pius X Adoration Chapel is open
Holy Face Devotions in the Crib Room~ 6.30 pm
Legion of Mary Meeting in the **Divine Mercy Centre** after 10 am Mass
Legion of Mary Meeting in the Parochial House - 7 pm
Baptism Preparation in the Parochial House on **Wednesday 16th October - 8 pm**
Divine Mercy Prayer Group in the **CRIB ROOM - 7 pm**
Gamblers' Anonymous Meeting in the Pastoral Centre - 8.30 pm
Al-Anon Meeting and AA Meeting in the Pastoral Centre - 8.30 pm

Morning Prayer: 9.40 am
Monday to Saturday
Evening Prayer: 7.10 pm
Monday to Friday

Wednesday 16th October ~ St. Hedwig, St. Margaret Mary Alacoque, St. Gall

8 am Mass ~
10 am Mass ~ Rose Anne, David and Colm Griffin and Margaret Doherty RIP
7.30 pm Mass ~ ®
St. Pius X Adoration Chapel is open
Cathedral Choir Practice in the Conference Room - 8 pm
Youth 2000 Prayer Group in the Cathedral - 8 pm
Narcotics Anonymous in the Pastoral Centre ~ 8.30 pm

Thursday 17th October ~ St. Ignatius of Antioch

8 am Mass ~ Special Intention
7.30 pm Mass ~
10 am Mass ~ ®
St. Pius X Adoration Chapel is open
AA Meeting in the Pastoral Centre - 5.30 pm
Charismatic Prayer Meeting in the Conference Room - 8 pm

Friday 18th October ~ St. Luke, Evangelist

8 am Mass ~
10 am Mass ~ Sue Duggan RIP
7.30 pm Mass ~ Denis McLean (**First Anniversary**), Liam Kelly, Tommy McGuigan, Mark Gerrity, Bridie Herron, Sally McLoone, Peter McLoone and Andrew Duffy RIP
St. Pius X Adoration Chapel is open ~ Mass at 8.30 pm
Al-Anon Meeting in the Pastoral Centre - 10.30 am
AA Meeting for Women in the Conference Room - 1 pm
AA Meeting in the Pastoral Centre - 5.30 pm
Narcotics Anonymous in the Pastoral Centre ~ 7 pm - 8 pm
Gamblers' Anonymous Meeting in the Pastoral Centre - 8.30 pm


Saturday 19th October ~ St. Paul of the Cross

10 am Mass ~ ®
7.30 pm ~ Vigil Mass
Baptisms ~ 5 pm
Confessions ~ 12 noon to 1 pm and after the 7.30 pm Mass
AA Meeting in the Pastoral Centre - 11 am

Parish Office Hours: Monday to Friday (9.30 am - 4.30 pm)

Phone: 074 - 9121021

Parish Email: office@steunanscathedral.ie

Website: www.steunanscathedral.ie  **St. Eunan's Cathedral**
Live **Web Streaming** from the Cathedral ~ churchservices.tv/letterkenny

OFFERTORY COLLECTION ~ 6th October - €5,362

PARISH EXPENDITURE ~ €7,431.20

Thank you for your gift to God and His Church

The annual **MASS** for the **Deceased Members of Staff and Service Users of Donegal Mental Health Service** will be held on **Friday 15th November** at 3 pm in the CMNE, Education Centre, Mulroy Room, (ground floor), St. Conal's.